

jack.org

Training and empowering young leaders to revolutionize mental health.

jack.org

we want.....

a Canada where every
young person reaches out
for the help they need and
gets the help they deserve.....

Canada's only
national network
of young leaders
revolutionizing
mental health.....

so we built.....

jack.org
program
goals



we...

Increase youth capacity for mental health leadership and advocacy.

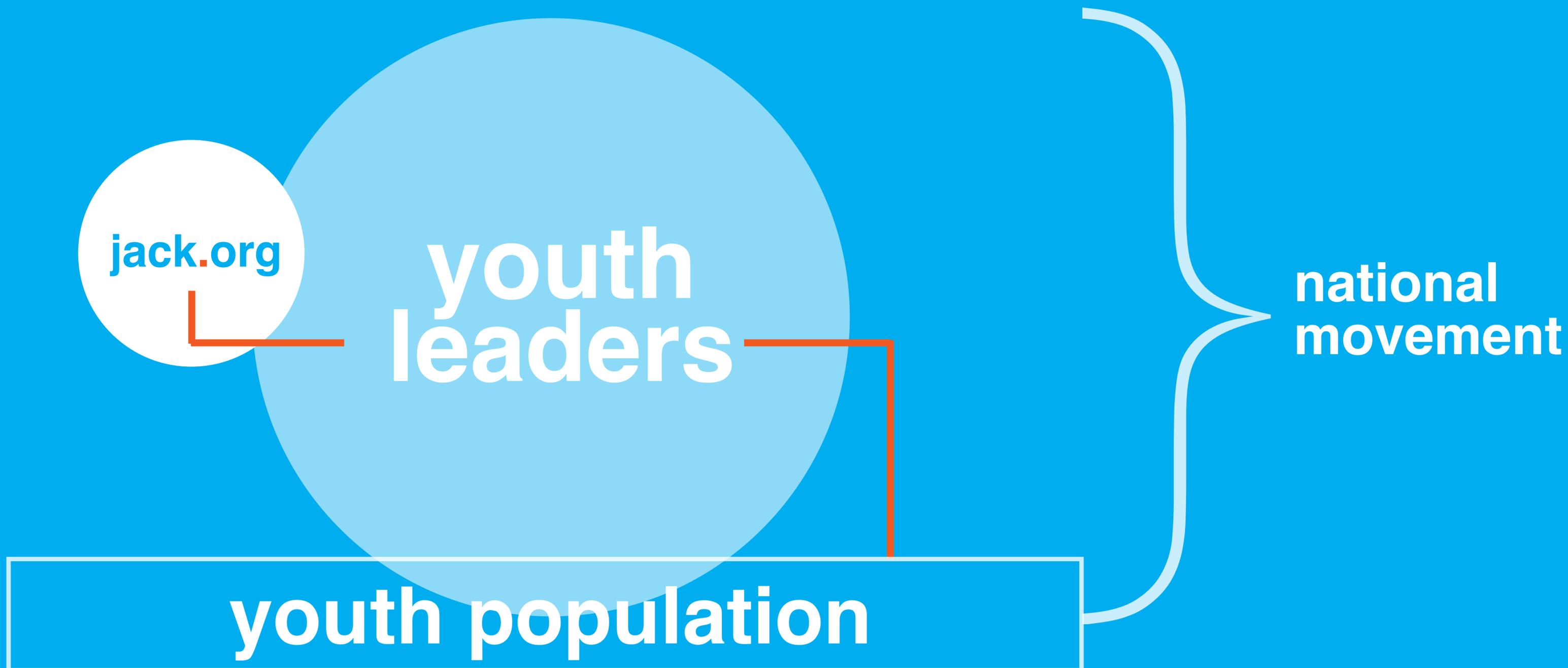
Connect a national network.

so young people can...

Reduce youth-identified barriers to help-seeking.

Increase mental health knowledge, improve attitudes towards mental health, improve youth access to mental health.

our approach.





A light blue map of Canada is centered on a darker blue background. Four statistics are overlaid on the map, each preceded by a red slash. The statistics are: 2500 young leaders (west coast), 85% training outcome (central), 165,000 youth reached (east coast), and Every Province and Territory (far east).

/2500
young
leaders

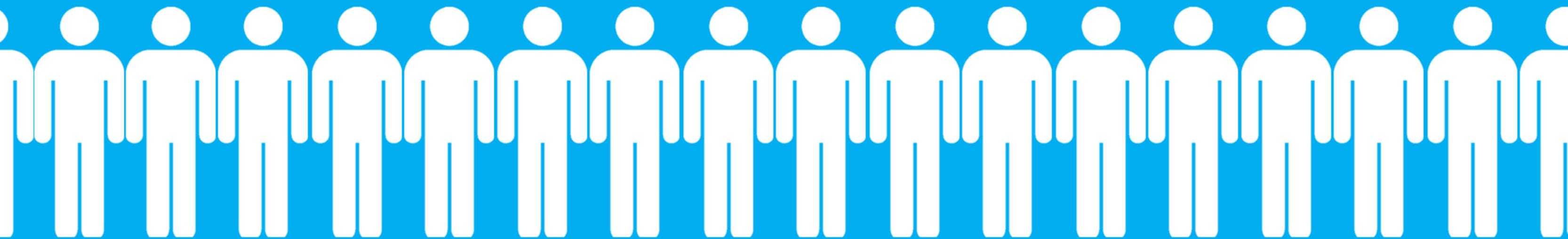
/85%
training
outcome

/165,000
youth reached

/Every
Province
and
Territory

@jackdotorg

thank you. 



jack.org